



ELEMENTARY SEXUALITY EDUCATION PLAN 2023-2024

ÉCOLE GARDENVIEW SCHOOL



CYCLE 1 ELEMENTARY

THEME	COMPREHENSIVE VIEW OF SEXUALITY	SEXUAL GROWTH AND BODY IMAGE	EMOTIONAL AND ROMANTIC LIFE	PREGNANCY AND BIRTH	SEXUAL ASSAULT PREVENTION	IDENTITY, STEREOTYPES AND ROLES, AND SOCIAL NORMS
<p>GRADE 1</p> <p>For MEES detailed content in sexuality education Click here</p>	<p>WHO: <i>Please check all that apply</i></p> <ul style="list-style-type: none"> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization <p>WHEN: March/April</p> <p>DURATION: 3 hours</p> <p>SUBJECT AREA: Aspects of sexuality (body, heart , mind)</p> <p>Mind: Knowledge about sexuality Heart: Emotions, feelings & expression Body: growth, needs, 5 senses & hygiene</p>			<p>WHO: <i>Please check all that apply</i></p> <ul style="list-style-type: none"> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input checked="" type="radio"/> Approved organization <p>WHEN: March</p> <p>DURATION: 1 hour</p> <p>SUBJECT AREA: How to recognize a situation and protect yourself (do not go with someone you don't know; remove yourself from uncomfortable situation or place) Reporting an incident to an adult.</p>	<p>WHO: <i>Please check all that apply</i></p> <ul style="list-style-type: none"> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization <p>WHEN: May</p> <p>DURATION: 1 hour</p> <p>SUBJECT AREA: Gender roles socially associated with boys and girls (activities, interests)</p> <p>Respect for individual differences.</p>	

*Please note that blackened areas are themes not covered in that grade



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GRADE 2 For MEES detailed content in sexuality education Click here		WHO: Please check all that apply <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization WHEN: March DURATION: 1 hour SUBJECT AREA: - Importance of appreciating & taking care of their body (Knowing their body; using the correct terms for the parts of the body)	WHO: Please check all that apply <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization WHEN: March /April DURATION: 3 hours SUBJECT AREA: -Recognize the various feelings that can be experienced in interpersonal relationships (positive and negative feelings) -Ways of expressing our feelings	WHO: Please check all that apply <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization WHEN: May DURATION: 1 hour SUBJECT AREA: Understanding conception		

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GRADE 3 For MEES detailed content in sexuality education Click here	WHO: Please check all that apply <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization WHEN: May DURATION: 2 hours SUBJECT AREA: Aspects of sexuality -within them (mind, body, heart) -around them (awareness of messages in their environment on sexuality)				WHO: <i>Please check all that apply</i> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input checked="" type="radio"/> Approved organization WHEN: March DURATION: 1 hour SUBJECT AREA: How to recognize a situation and protect yourself Develop their ability to apply safety rules to avoid a situation that puts them at risk	WHO: <i>Please check all that apply</i> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization WHEN: April DURATION: 2 hours SUBJECT AREA: Identifying stereotypical representations of femininity and masculinity in social environments and the media.

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<p>GRADE 4</p> <p>For MEES detailed content in sexuality education Click here</p>		<p>WHO: <i>Please check all that apply</i></p> <ul style="list-style-type: none"> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization <p>WHEN: April</p> <p>DURATION: 2 hours</p> <p>SUBJECT AREA:</p> <p>-Understand that the main changes associated with puberty are part of the process of growing up (Physical changes and share feelings about growing up)</p>	<p>WHO: <i>Please check all that apply</i></p> <ul style="list-style-type: none"> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input checked="" type="radio"/> Approved organization <p>WHEN: March</p> <p>DURATION: 2 hours</p> <p>SUBJECT AREA:</p> <p>-Love and friendship -How attitudes & behaviours can influence relationships</p>			<p>WHO: <i>Please check all that apply</i></p> <ul style="list-style-type: none"> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization <p>WHEN: May</p> <p>DURATION: 1 hour</p> <p>SUBJECT AREA:</p> <p>-Positive and negative attributes associated with each gender -Personal preferences: tastes, interests, aspirations, etc.</p>

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GRADE 5 For MEES detailed content in sexuality education Click here	WHO: <i>Please check all that apply</i> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization WHEN: April /May DURATION: 3 hours SUBJECT AREA: -Physical and psychological changes associated with puberty -Role of puberty in growth		WHO: <i>Please check all that apply</i> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input checked="" type="radio"/> Approved organization WHEN: March DURATION: 2 hours SUBJECT AREA: -Look at different contexts that involve assault with a view to preventing them: Real-world situations, Virtual-world situations			

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<p>GRADE 6</p> <p>For MEES detailed content in sexuality education Click here</p>	<p>WHO: <i>Please check all that apply</i></p> <ul style="list-style-type: none"> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization <p>WHEN: May</p> <p>DURATION: 2 hours</p> <p>SUBJECT AREA:</p> <p>Awareness of 5 dimensions: puberty, emotions, norms, relationships, values</p>	<p>WHO: <i>Please check all that apply</i></p> <ul style="list-style-type: none"> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization <p>WHEN: April</p> <p>DURATION: 1 hour</p> <p>SUBJECT AREA:</p> <p>Discuss the importance of adopting a positive attitude toward their changing body and the diversity of body types.</p>	<p>WHO: <i>Please check all that apply</i></p> <ul style="list-style-type: none"> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input checked="" type="radio"/> Approved organization <p>WHEN: March</p> <p>DURATION: 1 hour</p> <p>SUBJECT AREA:</p> <p>Express any questions they have about romantic and emotional life:</p> <ul style="list-style-type: none"> -Attitudes and feelings about these new phenomena -Images and messages from their social environment and the media 			<p>WHO: <i>Please check all that apply</i></p> <ul style="list-style-type: none"> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input checked="" type="radio"/> Approved organization <p>WHEN: March</p> <p>DURATION: 1 hour</p> <p>SUBJECT AREA:</p> <ul style="list-style-type: none"> -Respect for individual differences -Empathy toward others -Seeking help

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